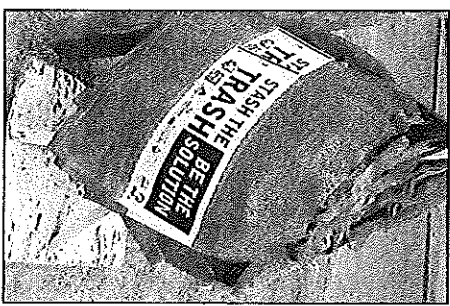


Rolling on the River

(Continued from page 2)

July Hike - Bull of the Woods Fire Tour

Far-ranging views and wild-flowers can be seen along the ridge-tops from Bull of the Woods (at 5523 ft.) and its lookout on this moderate to strenuous 10.5 mile hike. High



of the Pacific Crest Trail, before it was re-routed into the Olallie Highlands to the east. This easy hike is about 3.5 miles with 200 ft. elevation gain and 1025 ft. loss. Meet at the Clackamas River Ranger District—595 NW Industrial Way in Estacada, at 8:30 am. This is a full day hike. Visit the CRBC website at clackamasriver.org for more information and a link to registration. Participants are required to wear a helmet and bring a water bottle for refilling along the route. Water will be available at all stops. Riders without helmets will not be permitted, nor will riders under the age of 15. Please note that CRBC asks participants support our hosts at Millo McIver State Park by paying the \$5.00 entry fee. Participants can also consider making it a weekend getaway and camp at Millo McIver. For more information on amenities offered at this facility, visit oregonstateparks.org.

Down the River Clean Up

Chasea joins with the rest of the CRBC staff in extending a big THANK YOU to all 355 volunteers who helped make the 11th Annual Down the River Clean Up on September 8th, 2013 a splashing success. "Together, we kept 3.11 tons of trash out of the Clackamas River. We couldn't do it without you! Please join us again this year."

CRBC is pleased to partner with We Love Clean Rivers to coordinate the annual Down the River Clean Up on the Clacka-

mas River each year. Since its inception, the Down the River Clean Up has involved nearly 3000 volunteers and removed almost 30 tons of trash from the Clackamas River. A flotilla of volunteers raft, kayak, tube, SCUBA, or canoe down a fifteen-mile stretch of the Clackamas, removing any trash they may encounter along the way to preserve and protect the beautiful and bountiful river. But the fun doesn't stop there. All volunteers are treated to a post-event celebration which includes a free BBQ, live music, a silent auction with a great selection of outdoor gear and apparel, games, prizes and educational booths. Sponsors and partners include Clackamas River Water

Providers, KEEN Footwear, Next Adventure, Intel, Schwabe Law, ENRG Kayaking, Adventure Without Limits, Natural High Rafting, Outward Bound, Oregon Watershed Enhancement Board, Clackamas County, Metro, SOLVE and many more. This year's Down the River Cleanup will take place September 7, starting at 6:00 a.m. at Barton County Park, 19009 SE Barton Park Rd., Boring, and last all day. Save the Date for the 12th Annual Down the River Clean Up on the Clackamas. **Shade Our Streams** Another of Chelsea's passions is the unique Shade Our Streams project, bringing together landowners, local partnerships, nurses, volunteers and professional restoration crews—all by plant-

ing native plants, impossible without community support and participation. The project will plant more than 450,000 native trees and shrubs along 30 stream miles over six years, restoring stream-side habitat at no cost to property owners by removing weeds and planting native trees and shrubs. **Benefits to landowners who participate include:**

- Beautiful streamside areas that provide a natural space for families to enjoy the outdoors
- Removing aggressive invasive weeds such as Himalayan blackberry and English ivy, replacing them with native plants and making it easier to manage weeds into the future
- Reducing bank erosion and

County presents community impact awards

Clackamas County is proud to announce the winners of the 2014 Community Impact Awards. The awards recognize Clackamas County organizations and individuals that are making a significant contribution to the community by helping those who are struggling to meet their basic needs and improve their life circumstances.

The Community Action Board, comprised of citizens appointed by the Board of County Commissioners to help further the mission of Community Action, is sponsoring these awards. **Distinguished Services**

Awardees:

Robin Grimm, a past Area Agency on Aging Advisory Council member, founded Clackamas County Meals on Wheels to raise funds on a county-wide level

to help support ten Clackamas County Senior Centers' nutrition programs.

Teri Grant started The Father's Heart Street Ministry more than 15 years ago to assist individuals who may have barriers through other resources, serving individuals with a philosophy of dignity and respect. **Distinguished Individual Awards**

Lynn Stevens has volunteered as an AARP Tax-Aide for several years helping individuals and seniors with low income prepare their taxes, helping them receive the deductions and credits they deserve. Andy Catus has been the executive director of the Clackamas Service Center for the past six years, working tirelessly to ensure the warming shelter is open

when it's needed most. **Promising Startup Awardees**

John and Patti Bentley founded Hope Now Ministries, which partners with local churches in the county to help others achieve their dreams by filling in the gaps other traditional organizations couldn't. The Gladstone Ministerial Association has teamed up with the Gladstone School District to create the Gladstone Community Clothes Closet, providing free clothing, new socks and underwear, shoes, and jackets to youth of all ages. **Youth Awardee**

Milwaukie High School 10th to 12th grade Honor Students have supported Clackamas County's only family shelter, the Annie Ross House, through

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Published by
R. Steven West
Managing Editor
R. Steven West
Editor
Dan Bosseman
Marketing Director
R. Steven West

Display Advertising Sales

Pat Porter
R. Steven West

Journalists

Dan Bosseman
Loisann Young

Columnists

Karina Arnan - Youth Perspective
Chuck Bolsinger - Nature NW
Olga Donville, LAC, DHM - Health
Julie Gomez - Nature
Kelly Lazenby - Theater Arts
Maxine Marsolini - Family Finance
Dr. Chris Meleis - Health
Katherine Merrens - Equine Vet
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Pamela Vincent - Lessons from the Garden
Kurt Wimmer - Culinary Traveler

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PO Box 1529 • Boring, OR
97009

503-936-NEWS • 503-668-9490
www.TheEastCountyGazette.com
Fax: 503-668-9496
e-mail: publisher@theeastcountygazette.com
p@gazette.com

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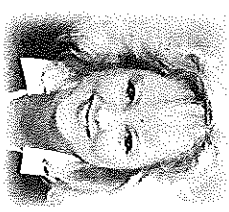


Letter to the Editor
New standard for health care?

ernment in charge. Many of our questions about the failed Oregon experiment remain unanswered.

Arkham remain unanswered.

Arkham remain unanswered.



by Pamela J. Vincent

Train a child in the way he should go, and when he is old he will not turn from it. -Proverbs 22:6 (NRSV)

Like this with this," my friend said, holding up two different plants: "can I plant them together?"

"No." I answered. "One is a shade plant and the other requires six hours of sun a day."

"How do you know all this?" she asked.

"Some of it is researching the plants' needs, and some of it is trial and error."

Mixing plants based on color and texture is a horticultural art. There are so many levels of blending necessary to make a successful ornamental container. It's essential the gardener understands which plants can be grouped together based on their need for the sun or the shade.

Another consideration will where the container will sit. Does the spot its going into need vertical height, hanging length? Some plants require a great deal of watering, and others don't like much. All these things need to be taken into consideration.

I've noticed what's true of plants can also be true of children. I love watching a teenager testing their world to find where they fit. It's a tough time for them, stepping out of pre-adolescence while attempting to maneuver as adults. Their responsibilities, likes, dislikes, expectations and place in their world is increasing, which can be exciting, uncomfortable, motivating and horri-

Lessons from the Garden Bring out their best

ing all at the same time. Where I see our mistakes as adult mentors of these up-and-coming world changers, is we often don't consider all of their unique 'bents' before we apply our directional wisdom for their lives.

A teen, like a plant, placed in the wrong light and/or grouping may have their future growth stunted. They may not thrive. The tough part of mentoring this age group is that if we don't spend unhurried time with them, we may miss the subtle clues that tell us they are not flourishing. However, taking time to consider our teen's strengths, weaknesses, natural gifts, demeanor, and energy levels prepares the way for a good transition from pre-adolescence through to adulthood.

If we are to summon our teens to successful adulthood, we will be required to be our best self. If we are impatient, poor time and

money-managers, joyless, and allow additions to rule our lives, why would observant teens want what we have? In the absence of real leadership or worthwhile models, they'll be forced to find another way.

In my garden, there are always predators that would chose to destroy my charges, but if I am diligent and in the garden daily, I can typically head off the destruction. Since we don't have the luxury of the 'trial and error' method, perhaps studying our teens works best.

Proverbs 22:6 gives great seasoned advice. If we train or present values and lifestyles that inspire others to their best, whatever their best is, quality principles will become a part of their imprinted growth. Then whoever they are to become will prosper. If we are students of who our teens really are, we can be supportive of who they are and

their interests.

Developing this early encouragement will build the foundation that will allow you a deep connection and lifelong influence. After all, the hand that tends the garden daily is likely to be the one who influences its beauty the most.

Pam is a wife, mom, gardener, freelance writer, speaker and career teacher. Her website is www.pamandpivincant.com.

Watch for the Wade Creek Annual Garden Tour Fund Raiser details July 19th. For more info go to www.thewadecreekhouse.blogspot.com or on Facebook.

Want to save \$5.00 off your Garden Tour ticket? Pre-purchase your bracelet at the Sandy or Estacada Cup of Joe's Coffee shop. Then pick up your map at the Wade Creek House July 19th. Or contact Pam Vincent on Facebook!

Rolling on the River

(Continued from page 3)

keeping land from washing away.

• Creating shade, lowering stream temperatures and reducing the risk of bacteria growth.

• Creating cleaner water—healthier to drink and healthier to play in.

• No cost to you. Eligible landowners are able to participate in the program at no cost.

• Identify needs. CRBC staff works with landowners to identify the needs of their streamside property.

• Remove weeds. CRBC works with volunteer restoration crews to remove invasive weeds on property free of cost

to the landowner.

• Plant natives. CRBC leads restoration crews in the winter to replant a 50-foot buffer of native trees and shrubs along the stream.

• Maintain planning. CRBC will return to the property with crews for two years following planting to treat the weeds, ensuring native plant survival.

If you live on, or know of a streamside area overrun with invasive weeds and/or lacking shade, CRBC wants to hear from you! They also accept referrals and welcome opportunities to partner with other organizations.

"By the Clackamas River Basin Council doing this work at no cost to us, it saves our farm time and money on treatments and labor," said Renmie Squier of

Delano Farms, LLC, after crews planted a 50-foot buffer of trees and shrubs along the stream running through their property, a tributary of Clear Creek.

This year, the Shade Our Streams program will focus on reaching out to property owners in the lower Clackamas watershed, including those along the tributaries (Rock, Richardson, Sieban, and Cow Creek - to name a few), Deep Creek, Eagle Creek, and the Mahanem.

Get involved
Find out how you can get involved and take advantage of this 'no cost' opportunity. For more information about the Shade Our Streams program in general, please contact Chelsea at chelsea@clackamasriver.org or (503) 303-4372 x 105.

Delano Farms, LLC, after crews planted a 50-foot buffer of trees and shrubs along the stream running through their property, a tributary of Clear Creek.



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